



WEST ANNAPOLIS MEDICAL SPA
AT SANDEL DUGGAL PLASTIC SURGERY

HOW TO APPLY

GHK-Cu Cream

for Optimal Results



APPLY NIGHTLY FOR HEALTHIER, SMOOTHER, MORE RADIANT SKIN

NIGHTLY APPLICATION GUIDE

1

CLEANSE



Start with a clean face. Use a gentle cleanser and pat your skin dry.

2

USE A SMALL AMOUNT



Dispense a pea-sized amount of GHK cream. A little goes a long way.

3

DOT THE CREAM



Dot the cream on your forehead, cheeks, nose, and chin.

4

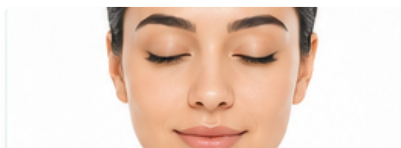
GENTLY APPLY



Using clean fingertips, gently massage the cream in with upward, outward motions. Avoid pulling or rubbing.

5

ALLOW TO ABSORB



Let the cream fully absorb before applying other skincare or makeup. Wait 2–5 minutes if needed.

6

USE NIGHTLY



For best results, apply once every night as part of your skincare routine.

BENEFITS OF GHK-CU

- ◆ Supports skin repair and regeneration
- ◆ Boosts collagen production
- ◆ Helps reduce the appearance of fine lines and wrinkles
- ◆ Improves skin tone, texture, and elasticity

TIPS FOR BEST RESULTS



Use on clean, dry skin



Follow with moisturizer if needed



Use sunscreen during the day



Consistency is key!

WHAT IS GHK-CU?

GHK-Cu (Copper Tripeptide-1) is a powerful peptide known for its ability to support skin repair, boost collagen production, reduce the appearance of fine lines and wrinkles, and improve overall skin tone and elasticity.



HEALTHY SKIN. CONFIDENCE. YOU.



Pharmaceutical-Grade Ingredients



Customized for Your Skin



Made in the USA



For External Use Only



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Book your consultation — ask us if GHK-Cu is right for you.